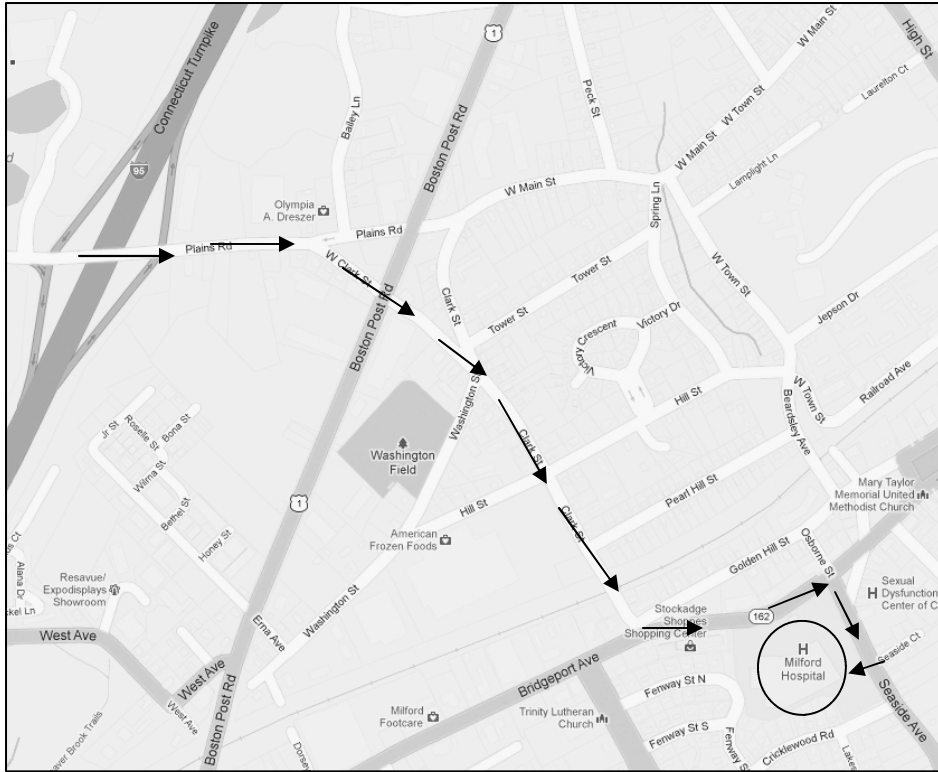


Welcome to the Milford Hospital SurgiCenter



Directions to Milford Hospital

From Hartford Region and Points North

- Take I-91 South to I-95 South to Exit 36 (Plains Road).
- At the end of the ramp turn left and follow blue Hospital signs.

From Fairfield County and Points South

- Take I-95 North to Exit 36 (Plains Road).
- At the end of the ramp, turn right and follow blue Hospital signs.

From Merritt/Wilbur Cross Parkways and Points North

- Take Exit 54 to I-95 South.
- Take I-95 South to Exit 36 (Plains Road).
- At the end of the ramp turn left and follow blue Hospital signs.

From Merritt/Wilbur Cross Parkways and Points South

- Take Exit 54 to I-95 South.
- Take I-95 South to Exit 36 (Plains Road).
- At the end of the ramp turn left and follow blue Hospital signs.

Thank you for choosing
Milford Hospital for your surgery.

Milford Hospital is proud to offer our patients a convenient, safe, comfortable and caring surgical experience. Our SurgiCenter is available to meet the surgical needs of both our inpatients as well as those scheduled for one-day surgical procedures.

Whether your case is routine or medically complex, we offer the most advanced intervention and treatment options. Milford Hospital offers a growing number of state-of-the-art, minimally invasive and computer-assisted surgical procedures in our technologically advanced operating rooms.

The outstanding skills and training of our surgeons, the technology we make available to them and our highly trained and experienced support team of anesthesiologists and nurses all contribute to the patients' overall surgical experience.

This brochure is designed to help answer some of the questions you may have as you prepare for your surgery. It is our goal to deliver the highest quality care to you and your family.



300 Seaside Avenue, Milford, CT 06460
Surgicenter #: 203-876-4190 Main #: 203-876-4000
www.milfordhospital.org

Now that your surgery has been scheduled at **Milford Hospital**, you will begin the pre-admission process.

- ◆ An **admitting representative** will contact you, by phone, to obtain demographic and insurance information. **Please have your valid insurance card(s) available.**
- ◆ If you require pre-admission testing, a **secretary from the SurgiCenter** will contact you when we receive orders from your physician so that we can to set up your appointment.
- ◆ You will also receive a phone call from a **SurgiCenter nurse**, who will review your medical history. **Please have ready a list of any prior surgeries; any allergies including latex; and a list of all medications you are currently taking including herbal remedies, vitamins and over-the-counter medications and their dosages.**
Be prepared to write down any instructions the nurse may give you.
- ◆ Your surgery date will be set. However, you will not receive the time of the surgery or your arrival instructions until the afternoon of the day before your surgery
- ◆ **PLEASE NOTE:** Deductibles and co-payments are due prior to your day of surgery

Day of Surgery: Please bring your photo I.D., insurance cards, any pre-arranged co-payments and a copy of your Living Will / Advance Directives if you have one.

Upon arrival at **Milford Hospital**, you will check in at the Information Desk in the Main Lobby. **If you are arriving before 7:00 am, you will need to enter through the Emergency Center** and stop at the Security Desk so you may be directed to the Registration Desk.

After Surgery: you will be brought to the recovery area where you will be monitored until you are ready to be discharged or taken to your room.

Pain control is very important to your recovery. **Rating any pain you experience, on a scale of 0 to 10 (with 0 being no pain and 10 being the worst pain),** will help your physician determine the most appropriate method to control your pain.

Questions to ask your surgeon before going to surgery:

- 1) Should I shower / bathe with antibacterial soap prior to my surgery?
- 2) Will I have pain following the procedure? What pain relief or control measures will I be given?
- 3) How long will the recovery take? What are my limitations during recovery? Will I need assistance at home while I recover? What will my discharge instructions be? (Including any diet restrictions.)
- 4) When can I return to work? When can I drive a car? When can I resume sexual activity? When can I resume my exercise regime/return to the gym?
- 5) When can I resume taking my previously prescribed medications? Herbal medications? Over-the-counter medications?

It is important to communicate your feelings, questions and concerns with your physician prior to having surgery.

If you do not understand your physician's directions or response, ask questions until you do. Take notes or ask a family member or friend to accompany and take notes for you.

NOTES:

Patient Satisfaction Surveys: After you are discharged, you may receive a survey in the mail. Please take the time to complete and return the survey. Your answers and comments are very important to us. We strive for Excellence Always.

Thank you for choosing Milford Hospital

“Excellence  Always”